Coronavirus/COVID-19 Update: The City of Monterey Park Encourages Residents to Wear Face Coverings While Out in Public; Help Desk Hours Changes

Monterey Park, Calif. – April 9, 2020 – The City of Monterey Park is encouraging residents to wear face coverings when they need to leave their home to obtain essential goods or services. The City continues to follow the lead of the Los Angeles County Department of Public Health and the Centers for Disease Control and Prevention (CDC) in implementing protocols to protect the health and safety of everyone in public spaces and in providing accurate and timely updates to the community.

Face Covering Guidance

The Los Angeles County Department of Public Health has provided the following information on how members of the general public can safely use cloth face coverings. "Members of the general public should use a clean face covering anytime they will be in contact with other people who are not household members in public or private spaces. It is important to note that face coverings are not a substitute for always practicing physical distancing and frequent hand washing. Our best community and individual defense against COVID-19 is to wash our hands frequently, avoid touching our eyes, nose and mouth with unwashed hands, avoid being around sick people and practicing physical distancing, especially by staying at home. Face coverings are not a

Wearing a face covering while out in public can protect others from the spread of COVID-19

(WE STILL MUST WASH OUR HANDS FREQUENTLY AND KEEP OUR DISTANCE FROM OTHERS)

Our frontline heroes need all the N95 and medical grade masks available.

replacement for these evidence-based strategies for slowing the spread of disease; they are just an additional tool that can protect others from possible exposure to respiratory droplets that may come from our mouth when we talk, sneeze or cough."

In addition, the "CDC is additionally advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure. The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance."

For tips on how to make a cloth face covering, visit https://www.cdc.gov/coronavirus/2019-ncov/downloads/DIY-cloth-face-covering-instructions.pdf

Watch a video by Dr. Jerome Adams, U.S. Surgeon General, for DIY instructions: https://www.youtube.com/watch?v=tPx1yqvJgf4

For additional information on LA County's Guidance for Cloth Face Coverings: http://publichealth.lacounty.gov/media/coronavirus/GuidanceClothFaceCoverings.pdf

Please continue to check the City's website for updates at www.montereypark.ca.gov/coronavirus.

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Help Desk Hours Changes

The City will continue to educate the public about preventative measures regarding COVID-19 and provide access to information and resources during this difficult time. The COVID-19 informational Help Desk hours will be modified effective Monday, April 13. The new hours will be Monday-Saturday, 9:00 a.m.-6:00 p.m. at 626-307-1377 or at MpkHelpDesk@montereypark.ca.gov.

Important: Please do not call 911 to request testing for COVID-19 and please do not go to an emergency room unless you are seriously ill and require emergency care. If you have respiratory illness and want to know if you should be tested for COVID-19, it is best to call your health care provider or, if you don't have a provider, call 2-1-1 for help finding a clinician near you.

For updates and information about the current numbers of cases in the United States and in Los Angeles County, the spread of the virus, severity, treatments, precautions, and other important public health information in multiple languages, please visit the following websites:

- CDC: https://www.cdc.gov/coronavirus/2019-ncov/index.html.
- Los Angeles County Department of Public Health: http://publichealth.lacounty.gov/media/Coronavirus/.

For more info from the City of Monterey Park, please visit www.MontereyPark.ca.gov/Coronavirus.

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